CEREBRAL PALSY FOUNDATION'S 2024 ANNUAL

ACCESSIBLE HOLIDAY GIFT GUIDE





BROUGHT TO YOU BY

permobil www.cpresource.org

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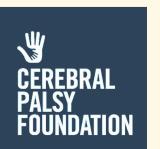
BOOKS

HAPPY, HAPPY HOLIDAYS!

permobil

Welcome to the 2024 Accessible Holiday Gift Guide! We are here to help spread some joy with our favorite toys, gadgets, clothes, fun opportunities and adventures curated with the help from our community! Parents of kids with CP, partners of people with CP, physicians, therapists, and of course individuals with CP have all helped to pick out and recommend special gifts at a variety of price points for all ages and stages! Let our Accessible Gift Guide do the work for you, now with the links to buy each gift directly and with discount codes for many products!

Our aim is to make life with a disability more inclusive. This can mean doing things a bit differently and finding creative solutions to everyday challenges. Sometimes, the best gift for a person with a disability is a useful one — something to make dressing, cooking or operating the electronics easier, but we also want to surprise and delight our loved ones and family members with things that are purely fun. Who needs a partridge in a pear tree when you can give one of these great gifts!



FROM OUR CPF FAMILY TO YOURS!



the importance of on-time mobility

PERMOBIL EXPLORER MINI

A young child's ability to explore their environment ushers in a cascading array of cognitive, social, emotional and spatial skills that concurrently provide tremendous opportunities for growth. If the typical developmental sequence is altered, the ability for a young child to change their environment, control the objects they want, and forage into spaces is halted. At Permobil we want to help change that with the Explorer Mini.



Recommended by early intervention therapists!







Preschool Sensory Light Station



















Toys, tools and gadgets, oh my!



Move2play, Giraffe
Basketball Hoop & Soccer
Goal Activity Center



Busy Board Montessori Toys for Toddler



Classic Etch-A-Sketch









Magnetic Drawing
Board



3-in-1 Montessori Toy for Toddler with Whistle





Toys, Tools and Gadgets, Oh My!



Montessori Busy Board

Great For Learning Essential Fine Motor Skills!





Tiny Earth Toys

A Montessori Rental Subscription - Perfect for the parent who doesn't like the clutter!





HopeRock Toys for 2 3 4 5 Year Old





Shape Factory Sorter





Bean Bag Toys



Splash and Play Water Toys!



Green Toys Submarine in Yellow & Blue



Fill N' Splash Submarine Bath Toy



Fun in the Tub
Otter Bathing System





SwimWays Little
Mermaid Disney Dive
Characters Kids Pool Toy







Green Toys Seaplane in Green Color - BPA Free





Barbie Dreamtopia Mermaid Doll



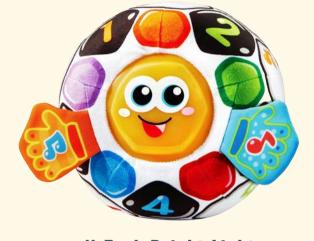


TOYS FOR SELECTIVE MOTOR CONTROL

Recommended by early intervention physical therapists!

"Children with CP often flex and extend the hip and knee simultaneously during movement. Selective motor control is developed during kicking as hip flexion and knee extension occur together to create an effective kick."

- Eileen Fowler, PT, PHD



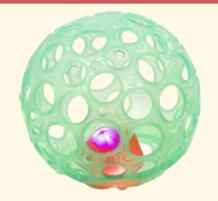
V-Tech Bright Lights Soccer Ball

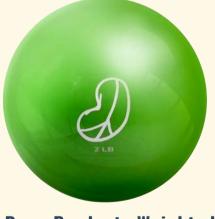


B-Ball Sensory Light

Up Ball







Bean Products Weighted Balls

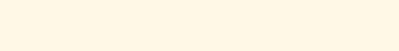


V-Tech Smart Shots Sports Center



Gertie Ball Four Pack







SWITCH-ACTIVATED TOYS

For those who have fun using switch control

"These products are meant to promote independence for people with physical or cognitive disabilities like cerebral palsy or autism. Just plug in a standard accessibility switch to make the item easier to use. It can also be a great teaching tool for special education teachers, occupational therapists, physical therapists, and speech therapists!"

- Alex Clark, Transition Specialist, HMS School



Switch Adapted Nursery Rhyme Elmo





Recordable Answer Buzzers, Set of 4







Switch Adapted Dart Gun!



BARBIES OF ALL ABILITIES!







Barbie Doll with Down Syndrome





Barbie Careers Doll & Accessories, Winter Sports Para Alpine





Barbie's Accessible Dreamhouse



www.cpresource.org

INDOOR & OUTDOOR FUN

Get moving with the little ones

"The skill of jumping works on strengthening and endurance and balance, and the skills needed to be an independent community ambulator who can go up and downstairs without a railing."

- Ginny Paleg, PT, MPT, DScPT





Baby Jumper with a Ceiling Hook for 6-24 Months





Seesaw - Teeter Totter



Amazing Trampoline!



Fantasy Hopper







INDOOR & OUTDOOR FUN

Get moving with the little ones



Climbing Toys for Toddlers 1-3





SereneLife Web Chair Swing





Paddle Ball Set





Duckura Outdoor Indoor Game Activities



INDOOR & OUTDOOR FUN

Get moving with the little ones

"Pulling to Stand is one of the most important skills for a child who will be at gross motor functional classifications scale level four and five."

- Wendy Alitzer, PT, ATP"



Non-Slip Wood Wobble Exercise
Balance Board







"Using a power toy car at 12 months, even if you were going to be an independent community and has been shown to increase language, cognition, and participation."

- Ginny Paleg, PT, MPT, DScPT



Tobbi Ride On



SENSORY

Chews, Fidgets and Fun!



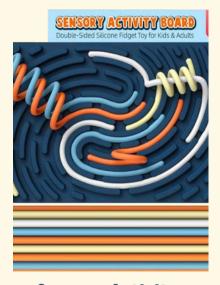
Sensory Therapy Subscription Box





Squigz - Best Bath Toys for Ages 3 to 6





Sensory Activity Board: Fidget Toy









Different Chewlery Options! Great for oral motor sensory input.







SENSORY

Fidgets and Twiddles!



Fidget Toys Pop Game Kids





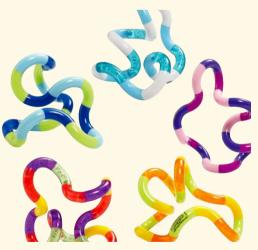
Dog Pop Tube











Genuine Tangle Fidget Toys - Tangle Fidget Pack



ZaxiDeel Squishy

Sensory Toys for

Kids Toddlers



VISION TOYS

For babies and kids with vision needs



Light Up Magic Ball Toy Wand for Kids





Pin Wheels from 20 Toys and Other Ideas





Light Up Transparent Sensory Car Toy for Kids





Baby Books Toys, High Contrast Black and White Books Non Toxic Fabric



Light Up Disco Balls



High Contrast Baby Cards for Infants









Essentials for Teens



Jester Backpack





Cotton Weighted Blanket





WE'RE NOT REALLY
STRANGERS
Card Game





Sooez Big Pencil Case

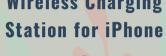




Essentials for Teens



Wireless **Charging**







Alarm Clocks for Heavy Sleepers





Govee Glide Hexa Light Panels

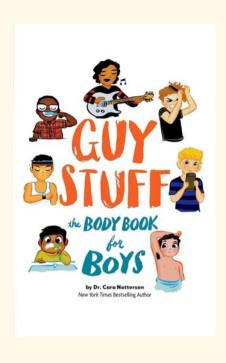


Bamboo Wireless Charging Station



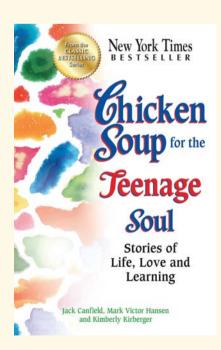


Essentials for Teens



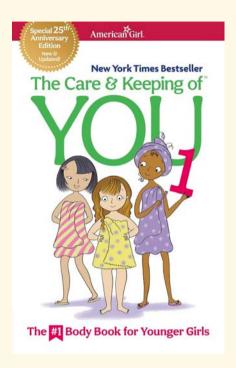
Guy Stuff: The Body Book for Boys





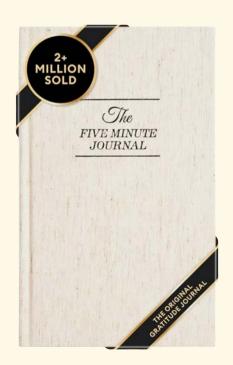
Chicken Soup for the Teenage Soul





The Care and Keeping of You





The Five Minute Journal



Recommended by Brad and Dan! @AllAccessLife

GIFTS FOR THE GAMER





PS5 Adaptive Controller



Logitech Adaptive
Gaming Kit
for PS5 and XBOX







Don't forget the consoles!



Playstation Console



Xbox Console





GIFTS FOR THE GAMER

Hand picked games by CPF staff!





Bug Fables





Slay the Spire





Peglin





Mario Kart 8 Deluxe



GIFTS FOR THE GAMER

Hand picked by CPF staff!



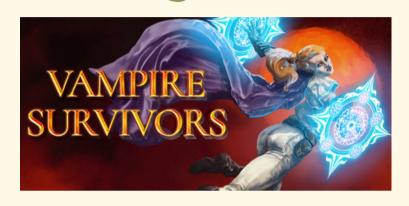
Minecraft





Child of Light





Vampire Survivors





The Legend of Zelda™: Echoes of Wisdom



FASHION

TOMMY HILFIGER MENSWEAR







Mens' Cable Knit Crewneck Sweater

Men's Stripe Stretch Shirt





Seated Fit Slim Fit Jean





Lightweight Packable Puffer Vest





FASHION

Tommy Hilfiger Adaptive Youth



Kids' Solid Regatta Windbreaker





Kids' Regular Fit 1985 Polo





Kids' Foil Dot Logo Sweater Dress





Kids' Colorblock Polo





Use code CPF20 for 20% off the entire SLICK CHICKS line!



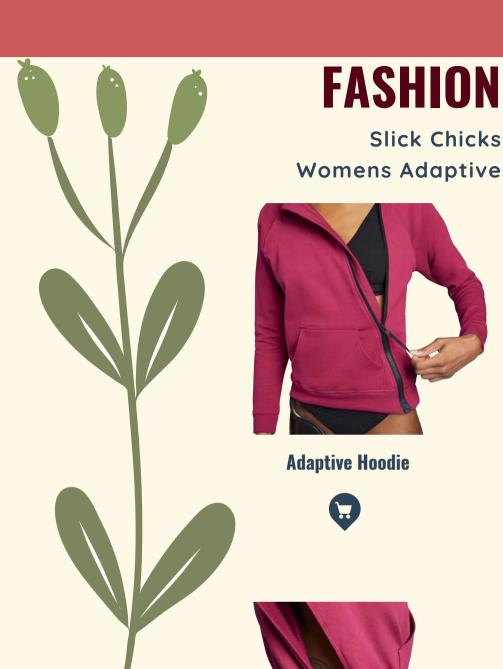
Adaptive Crewneck





Adaptive Side Zipper Joggers









Too busy to shop for that perfect outfit?

Give a style consultation with a Nordstrom Stylist



SPANX Flare Jeans







Adaptive bras, underwear, & intimates

Having cerebral palsy can mean challenges finding well-fitting, quality undergarments that look good, feel good, and make you feel good about yourself. Here are some offerings from companies at the forefront of adaptive intimates. We hope you find some you'll like!



Front-fastening bra with velcro.





Everyday bikini underwear.

SlickChicks



High waist underwear.







Everyday easy-on bra.





FASHION

Adaptive bras, underwear, & intimates

Community Pick! @yourhotdisabledbestie Springrose Adaptive Bras



Easy-On Velcro Front Closure Bra





VS Adaptive Bra and Panties





NEW Victoria's Secret **Adaptive Line**

www.cpresource.org







Put Your Best Foot Forward in Adaptive Footwear

Having cerebral palsy can mean challenges finding well-fitting shoes that can fit over AFO's or work with various types of feet at all ages. A new pair of holiday shoes that fit may be just the ticket! Here are some of our favorites for all ages.



Zeba Shoes

Handsfree options for men and women!





Billy Footwear

Stylish shoes that zip around your AFOs!





Steve Madden

Great adaptive options for kids!





Ugg

The iconic boot with a zipper!





Friendly Shoes





Kizik Shoes

A variety of stylish, handsfree sneakers!





Put Your Best Foot Forward in Adaptive Footwear



Compression Socks





Reebok Nanoflex Parafit Trail Runner





Taös Adaptive





AFO Assist



Mens Warm Slippers



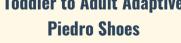
Toddler to Adult Adaptive



Laceable! Designed for one

handed lacing









GIFT PICKS!

CATHYRN GRAY

Cathryn is a CPF staff member and an adaptive athlete! She's a National Gold Medalist in Shotput and she is the first University of Michigan Adaptive Athlete.

Product images are linked for easy shopping!





Mixing Made Easy

Rosy Lips, Cheeks and A Perfect Complextion with Rare Beauty





BEAUTY

Recommended hair & beauty products!





cute packaging makes this a great

holiday gift.





Simple Human Sensor Mirror





Manta Hair Brush





Glossier Body Hero Exfoliating Bar



www.cpresource.org



Dyson offers a pricier, but very popular option of one-handed styling!

Dyson Hair Wrap





Sensor Soap Pump





These products were developed to help those who have lost hand strength or dexterity due to various reasons, as well as people with visual, sensory, or cognitive impairments, various diseases, or upper limb loss/difference. Additionally, the products are useful for parents with young children as well as those with aging parents.



CURAPROX Samba - A robotic toothbrush for people with disabilities that cleans teeth easily, with no hand movement required!





Lil Nipper™ - Electric Nail Clipper





One+Other Self Care Set - A self care set full of easy to use adaptive tools!



Triple Bristle - get to those hard to reach places!





@disabilityreframed
These are my must have
"new mom" products that
made a big difference for
me and my little babe!

Ashley Harris Whaley's

GIFT PICKS!



Larken X Bra

My favorite! This doubles as both a nursing bra, and a handsfree pumping bra. It's comfotable and sleek enough to wear as a bra, or as a workout top.



Baby Shusher

This thing is a lifesaver! It mimics the sounds baby hears in the womb, and is very soothing.

Perfect for those first few nights in the hospital, and after everyone is settle in at home. I buy one for any friend who is having a baby! My daughter still loves hers.







PackIT Bottle Bag

A cooler bag with ice packs built in!
It fits 2-3 bottles depending on the type, can attach easily to the stroller handle, and is perfect for when we're on the go!





Nuna Trvl

I did so much reserach on strollers and carseats! From a balance and mobility standpoint, finding the right products to make my life easier was so important. This one is super lightweight and has a one-handed fold & carry.





UPPAbaby Playard

Also so much research went into this choice! It's lightweight, it has wheels to move from room to room, and unzips from the side so it's easier to lift baby out!



NEW PARENTS

Neurologist Recommended!

Essentials for hospital & NICU stays



The Original Hugaboo

Supported seating recommended by neurologist Dr. Betsy Ostrander.



Feed The Baby

A new release written by a parent of a child with CP and a lactation consultant. A book on newborn feeding that focuses on the milks and the methods, for all families.

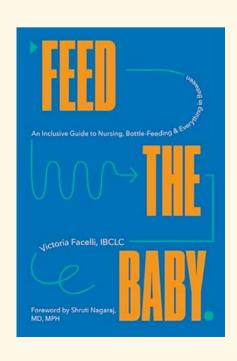




NICU Care Package

It's easy & affordable to get the three most important products every NICU parent deserves to make the NICU experience easier, calmer, and more joyful. Includes: NICU Journey Journal, NICU Milestone Cards, NICU Art Cards, NICU Keepsake Box.





NEW PARENTS

Essentials for hospital & NICU stays



Magnetic Power Bank

Great to have for hospital stays, doctor's appointments, travel, or any other time you're on the go!





Baby Brezza

Baby Brezza New and Improved Formula Pro Advanced Formula Dispenser.



Parker Baby Diaper Caddy

Use this lightweight, portable caddy to stash your essential items like diapers, wipes, outfits, gas drops, you name it! Perfect for using at home or in the NICU.



Bokee

First one-handed bottle prep accessory, designed by parents, to keep milk from spilling.









PERMOBIL TILITE®

The Ultra-liteweight Manual Chair!

Meet the newest additions to the TiLite family, the rigid TiLite Z and folding TiLite X.

With over 1 billion possible configurations, these chairs are truly made for you.

LEARN MORE!



LIFESTYLE

Bikes, Trikes and Trail!





Classic Rifton - Reimagined



Haas Bikes Tandem - Pino

First Adaptive Bike!



Catrike -The Trail



PDG Fuze® Jr.

The PDG Fuze JR can tilt back 50 degrees, plus its Take-Apart frame makes putting it in the back of the car a breeze!



Emma X3 All Terrain





Trail and Travel



The Vipamat Hippocampe Hit the beach, slopes and trail!



Community Recommendation! Special Tomato Jogger

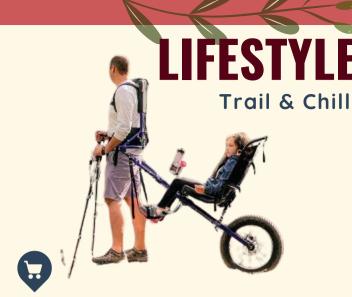
Get back on the road with your baby! With this adapted jogging stroller. @paigekxoxo



Use Discount Code: CPRunner for 10% off and no tax Nov. 18-Feb. 18, 2025



RAD Frame Runner CPF Favorite! Get up and run for everyone!



Community Pick!
Huckleberry Hiking
@ashmariebutler



Use Discount Code: CPF2024 for 20% off



WeCarryKevan

Go the distance
with CPF favorite backpack



Community Pick! THE ALINKER

Reclaim your freedom with the Alinker walking bike.

@pink.eyeglasses

Hanging Out!



P-Pod Seat









These gifts may not be glamorous, but for many they are needed, necessary, and often overlooked. Talk to your DME provider about customization options, or the photos below are linked for easy shopping!

WHEELCHAIR USERS

Top 10 accessories!



Tablet/phone mount

Stay in touch with a mount for your tablet or phone



Replacement Cover

Accidents happen!
Replacement covers are a great gift for a busy wheelchair user.



Hybrid Select Wheelchair Cushion

This cushion combines a contoured foam base with ROHO® air cells to give you the most comfort!



Smart Check®

Make sure your ROHO® cushion is inflated correctly for your body



USB Charging Station

Don't let your tech die! Install USB charging station right on the chair!



Lap Snap

Community Pick!

Great adaptive basket for wheelchair users!
@brianarusso



Essentials Carrier

This Permobil carrier allows you to keep things like chargers, manuals, and extra supplies for your journey



Self Leveling Cup Holder

Whether it is for the wheelchair user or the attendant, a cup holder is always a must have!



Fun Spoke Guards

Keep little fingers safe and make a statement with these fun spoke auards!



Color Kits!

Personalize your chair with your favorite colors or graphics!

REYHEE EXO & REYHEE FLEX

Get \$50 off your purchase with discount code: CPF



Reyhee's Exo and Flex are electric foldable scooters made specifically for individuals with disabilities to improve the lives of those impacted by mobility limitations.

The beautifully-designed Flex has a powerful rear-wheel drive and convenient features like flip-back armrests and a storage basket, designed to keep you moving safely and effortlessly.

The Exo mobility scooter with anti-tip wheels, puncture-free tires, a removable battery box, and a foldable tiller, offers convenience and safety for your every journey.





GIFT AN EXPERIENCE

Around the country, there are numerous fun and exciting accessible experiences for you to consider. Here's a few to get your adventures started!

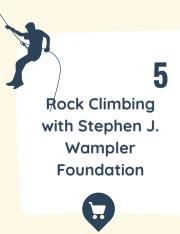
















Product images are linked for easy shopping!

PERSONAL TECHNOLOGY

For tech lovers of all ages!



Shokz

Bone Conduction headphones and phone speaker. CPF staff favorite because they don't block outside noise and for kids who might not like earphones on their ears, these are a perfect solution.



AirPods Pro 2

With clinical- grade Hearing Aid capability



iPad Pro

With even more advanced accessible options, this iPad is all you need for work or play!



Notability



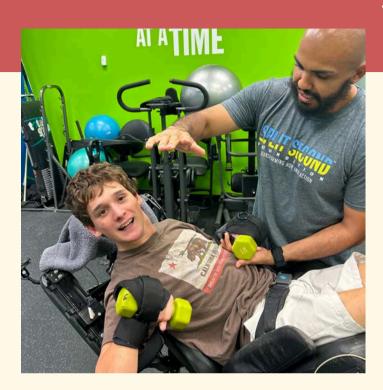
Coconote App

Community Pick! Never take notes again @kjsullivan_2018



Xp-Pen

FITNESS & WELLNESS



This year, get out there and try a new work out, learn a new healthy habit, go on a retreat or just have a super relaxing massage!



1

Give a membership to a gym or fitness or wellness center.





2

Try Yoga with a certified Yoga Teacher





3

Try Pilates Reformer Lessons





1

Book a Massage (or several)





5

Hire A Certified Personal Trainer



6

Give Healthy Cooking Classes





7

Learn to Meditate with Headspace Space





Active Hands

Don't let limited dexterity stop you from breaking a sweat! With an active hands Gym Pack Deluxe, you can get a grip on any free weight, pull up bar, rowing machine, pulley machine and more...the only thing stopping you now, is you!





Gifts for the workout fan!



High Resistance Bands



Add Some Weight!



Weighted Vest

Add weight and proprioception to your workouts in an evenly distributed way!





Wrist and Easy hold Hand Weights



FITNESS

Personal Trainer Recommended!

Neoprene "Sandbells" are make it easy for folks of all abilities to lift a heavier weights and build strength without the fear of painful drops! Workout smarter and harder!"-

- Pete Phillips, Founder & Lead Trainer



@Fullspectrumfitness

SANDBELL WEIGHTPLATES

Can be used alone or with bar/kettle bell assembly





NEOPRENE STRONGMAN SANDBAGS



SANDBELL ADJUSTABLE HANDWEIGHTS



Water Works with HYDRO-FIT!

Take gravity out of the mix and get serious about resistance training, water running or water therapy, with the WET VEST® II and the HYDRO-FIT line aqua fitness products. For individuals with Cerebral Palsy, getting in the water gives you the freedom to move your body and get exercise without the limitations that you may experience with other work outs. These products are designed to be comfortable, keep you warm, and help you stay fit.

WET VEST II







EdgeMate Pool Chair & Custom Cup Holder Bundle



WET VEST Float-It

FITNESS

Water Works!



Classic Cuffs -Great for adults and kids!



WET VEST Neck Float



FITNESS Body Work Tools!



www.cpresource.org

HELPFUL GADGETS & STOCKING STUFFERS



1. Crippling Hot Sauce

Community Pick!
Awesome Sauce! Get
some and give back
@chrislyman.nola



6. Auto Kane

Need a lift to get out of your car? This nifty gadget does the trick!



2. Sotfy Straws

We love these big straws! Reusable drinking straws for everyday.



7. Ezpz Cups and More

Great developmental feeding system for pre-feeding to 5+ years!



3. Eazy Hold Gripper

These are great for toys, utensils, brushes and more...even for toe loops on wheelchairs!



8. Walk Easy Canes

Community Pick!
Lightweight & Colorful,
Canes, Crutches and
more @lisalovecats1



4. Bagnet

Keep your purse or backpack off the ground with this handy gadget!



9. Suction Cup Grab Bars

These suction cup grab bars work great to hold onto at a table and on a tray.



5. Spillnot

Community Pick! Never drop your drink! @lilyloisx

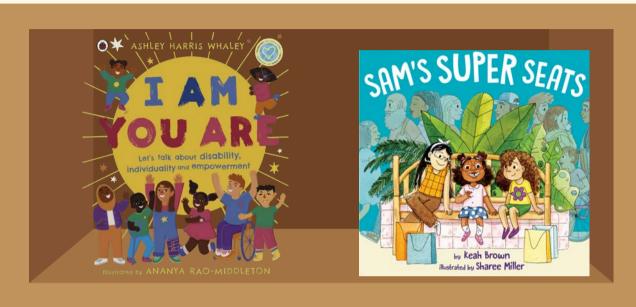


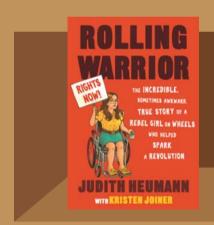
10. Ffora Essentials

These stylish wheelchair bags and accessories look great on everyone!

FOR THE BOOKWORM

Ages 3-13











Product images are linked for easy shopping!



FOR THE BOOKWORM

Ages 13-17+







HAPPY HOLIDAY SEASON! FRO

FROM TEAM CPF!

